



OGI Olympics – Frequently Asked Questions (FAQ)

1. What is the OGI Olympics?

The OGI (Olimpiadi Gioventù Italiana) is a multi-sport event designed to bring the spirit of the Olympics to young people in the UK's Italian community. It gives participants of all abilities the opportunity to compete, socialise, and celebrate sport together.

The event aims to encourage youth participation in sport, strengthen community ties, and promote teamwork, inclusion, and cultural identity.

2. Who can take part?

The event is open to young people aged 8–21 years old.

3. Do I need to be Italian to take part?

No – we welcome everyone to the events though if you are a club athlete you can participate in your set disciplines within the OGI.

4. When and where is the event taking place?

The next event (OGI Games 2026) is scheduled for:

- **Date:** 11–12 July 2026
- **Location:** StoneX Stadium, London

5. How long has OGI been running?

OGI was founded in 1978 in London, with the first games held in 1980. It has grown into a well-established event attracting hundreds of competitors and thousands of spectators.

6. How do I register?

To take part, participants typically:

Join or contact a local OGI team (Finchley, St Peters, Arrotini, Hoddesdon and Londra Sud).

Each team has a manager who can guide you through the process. If unsure which team to join then please email ogic@ogi-olympics.co.uk

7. Do I need to be an experienced athlete?

No — the event is designed for all ability levels. The focus is on participation, enjoyment, and community rather than elite competition.

8. Is there a cost to attend?

Costs (if any) vary depending on the team setup. Please contact the team managers directly for clarity.



9. What sports or activities are included?

The OGI Olympics typically includes a range of track and field events, such as:

- Short-distance races
- Middle-distance races
- Field events
- Team events – netball for girls of all age groups, and football for younger age groups.

Birthday falls on or between	Age Group	Events available
01.09.2016 – 31.08.2018	U10s	60m, 100m, Long Jump, Football, Netball
01.09.2014 – 31.08.2016	U12s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only), Football
01.09.2012 – 31.08.2014	U14s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only)
01.09.2010 – 31.08.2012	U16s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only)
01.09.2008 – 31.08.2010	U18s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only)
01.09.2006 – 31.08.2008	U20s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only)
01.09.2004 – 31.08.2006	U22s	100m, 200m, 400m, 800m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Netball (Girls only)

10. Can anyone attend as a spectator?

Yes! The OGI Olympics welcomes family, friends, and supporters. The event is designed to be a lively, community-focused experience with spectators encouraged to attend.

11. What facilities are available on the day?

Typical event facilities include:

- On-site catering (e.g. café/food options)
- Spectator areas
- Parking

12. How can I get involved as a volunteer or partner?

Many OGI events rely on volunteers, sponsors, and community partners.

You can usually:

- Contact your local team
- Reach out directly to the organisers ogic@ogi-olympics.co.uk